



2024/2025 - SNHL Rules and Regulations

All Hockey Canada rules apply to league play except for the following:

- Understand that each player is voluntarily participating in activities that involve risk of injury (including catastrophic injury, or death) which might result not only from their own actions, inactions, or negligence, but the actions, inactions, or negligence of others, the rules of play, the conditions of the premises, or any of the equipment used This includes any risks not reasonably foreseeable to the SNHL.
- The commissioner will not consider requests to overturn any on-ice official's decision; all discipline including suspension will be handled by the referee in chief
- The referee in chief may solicit input from the team representatives when considering an infraction ruling;
- Minimum Age for the League is 18 years old
- No Body Contact;
- Slap shots are allowed;
- No centre-line for long passes;
- This year we will use the Blue Line icing Rule, which means that if the opposing team fires the puck before their own blue line and it crosses the goal line of the other team it is deemed an icing. It is no longer the red line or half ice.
- Minor penalties are 3-minutes; the faceoff to commence the play of the game will be in the defensive zone of the penalized team.
- **Tie Breaks**

League Play/Playoffs Standings

If teams are tied at the conclusion of a round robin series then the following procedure will be used to determine the final ranking before the semi-final and final games are played.

.1 The team with the most wins;

.2 The team with the most wins gains the higher position;

.3 If the teams are still tied after .1 and .2 above have been applied, then the team with the best goal average gains the higher position.
The goal average of a team is to be determined in the following manner:

Total number of goals for divided by the total number of goals (for and against).

NOTE: ALL games are included

Example: For = 10 goals
Against = 4 goals

Percentage: $10/10+4 = .714$

NOTE: The higher percentage (1.0 being the highest attainable) gains the higher position

.4 If still tied it the tie break will go as follows: Highest # of goals scored in your first Game

.5 If still tied, least amount of goals scored against in first game

Playoff Games

- If a tie occurs after regulation, we will go directly to a shoot-out, it will be run using the 3 player format, than sudden death shoot-out following the round of 3. A player cannot shoot again until all with the exception of goalie has shot.

- **Schedule:**

- A Division – 10 teams will play each other twice to determine playoff standings. Playoffs will be as follows: Double elimination bracket style format.
- B/C Divisions – 14 Teams will each play each other once. Following the round robin, the top 7 Teams (tie break identified above) will move into B Division, Bottom 7 will move into C Division. Each team will play each other once more to determine playoff seeding. Playoffs will be as follows: Double elimination bracket style format.
 - ❖ We will explore head – head later in the season but this is the plan for now.

- Zero-Tolerance – automatic season suspension for “intent to injure” (i.e. crosscheck to the face, two-hander slash...);
 - Any subsequent offence under the zero-tolerance rule results in a permanent ban from the league;
 - All major penalties will result an automatic two game suspension,
 - The suspension for all match penalties, will be determined by the Referee-in-Chief and the captains of the two teams playing at the time of incident. This can include removal from the league;
- No Fighting – suspension will be handed down by the referee in chief, team representatives will be consulted throughout the process;
 - Minimum of 2 games and a maximum of season suspension;
 - Repeat offenders may be banned from the league;
- PLEASE BE ON TIME FOR EVERY GAME
 - Each League game will feature three 15-minute periods straight time:
 - ❖ With stop time for the last two minutes of the game should the goal differential be two or less.
 - ❖ (Playoffs Only) the last 3 minutes will be stop-time with a goal differential of 3 or less
 - ❖ In each case the decision for stop time will be at the discretion of the referees.
 - You must ice a full-team for EVERY game:
 - Anything less than the following will result in 2 pts to the other team AND 1 pt taken away for the infracting team:
 - ❖ At least 4 players and one Goalie; or
 - ❖ 6 players (6th player is not permitted to leave the defending zone).
 - Any team who forfeits a game will be required to pay a \$100 fine, \$50 payable to the opposing team and \$50 payable to the league. The fine must be paid prior to

the team that forfeits next scheduled game. Failure to pay this fine will result in expulsion from the league.

- The team who wins a forfeited game will win the game with a score of 5-0
- Rosters:
 - Teams can have a maximum of 25 skaters, Goalies are not required to be rostered.
 - Submit your team roster prior to the first game for league promotions and communication;
 - Rosters will be tracked through a google drive;
 - Final Playoff Rosters are to be submitted by January 3, 2025.
 - Each player must play a minimum of 5 Regular Season Games to be eligible for the playoffs.
 - Trades / Transfers are allowed prior to the roster deadline;
 - ❖ Both teams must sign the trade letter;
 - ❖ Any player switching from one team to another after already having played at least one game with the original team must have clearance from the original captain before he will be able to play a game for his new team. This is to ensure all monies owing (if any) are paid to the original captain. Failure to meet those obligations will result in expulsion from the team until the problem is resolved. If the player plays for the new team prior to being cleared by the original team will result in a loss for the new team for any game the player has played in.
 - Utilizing players who are not on your roster or on a roster of another team will be considered a forfeit (See rules for forfeit games, same rule applies).
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- Jerseys:
 - All teams are to have matching jerseys by Dec. 6/43, failure to have jerseys by the date identified will result in automatic forfeit for each game until the team can provide matching jerseys. It's Ok to have a few skaters not have, but the majority must have matching jerseys.

League Fees:

An initial deposit of \$4,000.00 will be required prior to the start of your first game of the season; the remaining will be required by January 3, 2025. Failure to meet these deadlines will result in automatic removal from the league.

- **League fees are as follows:**
- **A-Side - \$4,800.00**
- **B/C-Side - \$5,400.00**

FINAL NOTE: Please remind each player that this league has been built on the premise that we are all here for a good time, and while we all appreciate competitiveness, we all still need to return to work, school and family the next day – PLAY SAFE.